

Prevention of Teenage Pregnancy in Southwark

The Role of Health First

Fraser Serle

Health Development Manager

HIV, Sexual Health & African Communities



What is Health First?

Health First is the specialist NHS health promotion unit working in the boroughs of Lambeth, Southwark and Lewisham.

We particularly work to support organisations, groups and individuals in providing health promotion.



Examples of Groups & Priority Areas

- **Children and Young People**
- **Older People**
- **Sexual Health**
- **CHD and Stroke**
- **Mental Health**
- **Cancers**
- **Diabetes**
- **Work to reduce inequalities in health**



Health First Supports the Teenage Pregnancy Strategy by

- **Strategy & Policy Work**
- **Sex & Relationships Education**
- **Campaigns & Media Work**
- **Sexual Health Services**
- **Condom Provision**
- **Training**
- **Learning Resource Centre**
- **Small Grants Scheme**



Specific Projects

- **Community SRE Project**
- **Bodypower**
- **Media Group - Choose Your Life Campaign**
- **Emergency Contraception Group**
- **Condom Distribution Policy Development & Training**
- **School Nurse Leaflet & Training**
- **The Rough Guide**
- **Parent Health Forum**
- **Caribbean Health Forum**